See how brightly you shine!

I am White Eagle,

Do not allow your thoughts to wander. You are in control of your thoughts. You must control your thoughts. Whatever you think is what you will manifest. Therefore think deeply on that which you so desire. If it is Peace, then think deeply on Peace. If it is Love, then think deeply on Love. Think deeply on the Oneness of all creation, the Oneness that is yours to bear.

Do not allow yourself to sink into the slough of despond. Tell yourself that Life is Light and no unhappiness should be upon you. There is no dream but that which you create. Dream what you wish. Reach for the highest star. Own your dreams — they are yours — yours to bring into manifestation, yours to cherish.

There is no wisdom you cannot have. You seek understanding and it is yours. Whatever you seek truly, deeply, in your heart of hearts is yours alone.

No wrinkle of time can keep you from manifestation of that which you wish to create. Do not sink into oblivion. Bring yourself out of the darkness, out of self-blame, into the Light, the Light everlasting that upholds you and lifts you and loves you, keeps you forever in the glow of Love and Light.

You are forever manifesting in the Light as you see the Light. Go therefore deeply into the Light and all good things will come to you. You need not ask, but simply BE, for that which you are is holy. You are the creation of the Light. Love has brought you to manifestation and therefore the secret of manifestation is Love and Light.

Bring yourself to a higher station. See over the mountaintops; see beyond the valleys. See past whatever holds you back. There is nothing that can stop you. Only healing is before you.

Therefore walk steadily in the Light, the Light of Oneness that shelters us in the cocoon of Love, that will not break its bond with you. For you are wholly within the Light and the Love of manifestation. You are the Act of Creation. You are the Wisdom of the Spheres. You are the Way, and the Truth and the Life. For you know all things and all things are manifest in you.

You are One with the Universe — One with all that is.

There are no boundaries. Refresh yourself in the wholeness of this Light and the Laughter of Love and Joy and the Peace that passes all understanding. Mount to the high places. See over the mountaintops. The stars are just beyond. Reach out, you can touch them!

Nothing can stay your reach. Reach as far as your heart desires and there find Love and Light to greet you. Wisdom and Understanding are yours. Reach out — from the mountaintops! Look forever skyward. Do not mind what is below. See only the heaven above — that which sustains you, that which nurtures you, that which IS you — for we are all One — One in the Great Manifestation of universes beyond your imagining, of kindness beyond your ken, of compassion that weeps with you.

Let the arms of Love create you again — renew your spirit — lift you to the high places. Let no shadow fall upon you but dwell in the Light — the Light of Lights. There be absorbed in the mass of the Loving Creation.

See how brightly you shine! See how completely you are absorbed in the whole. See how YOU are whole — how, in the end, happy to be where you belong — a Star in the heavens, a Light to the world, a Gift to all Creation.

Rest in the peace of who you are.

Let nothing dissuade you from reaching out to that which is wholly you. Delve deep inside your heart of hearts and there shall you know the Truth, see the Truth and be the Truth, for we are all One and in that Oneness, we are all whole, and in that wholeness we are all Love, all Light, all Beauty, all Peace, all Joy, all Laughter and Well-Being.

We are all that we need to be at this moment and forever. Walk softly upon the Earth and know it as your Mother, keen to nurture and uphold you. Bring the Light that you are deeply into her crystalline center and aid her evolution into higher consciousness.

Now is the time. Transformation is upon us. See clearly who you are and remark how powerful you are. You are more powerful than all your dreams. Take hold of your power and plant it into the Earth, into the central core of all Being. There shall all be well and all be well.

Let Peace be among you. Let the Light descend upon you and rise up through your feet with Love Divine in the wholeness of all Creation. Let Love and Joy thrive upon this planet and may Peace be upon you forevermore.

You are whole. Allow nothing to stand in your way. Peace is upon you. Power is yours. Keep focused and stay within this space. All Love is yours, all Life is yours, all Light is yours, now and forever.

Peace be upon you.

Speak Peace.

So be it. Aum. Amen.

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